



HMF Intensive 500

PROBIOTIC FORMULA

500 billion CFU per dose

- Highest concentration of CFU available in Canada
- Contains probiotics to supplement the normal intestinal microbiota following antibiotic therapy
- Helps improve symptoms of irritable bowel syndrome (IBS) within six weeks[†]
- Offers five proprietary strains from a combination of *Lactobacillus* and *Bifidobacterium* genera
- Convenient, once-daily powder format
- Potency guaranteed through expiration
- Backed by over 20 years of clinical evidence

HMF Intensive 500 is our most concentrated probiotic formula yet, providing 500 billion CFU daily from a combination of five human-sourced, research-driven strains. Included in this blend are three strains of *Lactobacilli* and two strains of *Bifidobacteria* to promote colonization in both the small and large intestines.¹ These proprietary strains were selected based on their high quality, viability, strong epithelial adherence and naturally high tolerance to stomach acid.² HMF probiotics have been evaluated for their effectiveness in clinical trials over the past 15 years and are some of the most studied probiotic cultures in the world.³⁻⁸ Research has reported that strains present in HMF Intensive 500 contribute to a favourable gut flora, supplement the normal intestinal microbiota following antibiotic therapy, and help improve symptoms of irritable bowel syndrome (IBS) in adults and children over 11 years, such as bloating, satisfaction with bowel habits, and days with pain, within six weeks.³⁻⁵ Provided in a convenient, once-daily powder format, HMF Intensive 500 is an easy way to support daily gastrointestinal health.



EACH SACHET (5 g) CONTAINS:

Probiotic Consortium	500 billion CFU
<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34)	285 billion CFU
<i>Bifidobacterium bifidum</i> (CUL-20)	15 billion CFU
<i>Lactobacillus salivarius</i> (CUL-61)	100 billion CFU
<i>Lactobacillus acidophilus</i> (CUL-60)	50 billion CFU
<i>Lactobacillus acidophilus</i> (CUL-21)	50 billion CFU

Non-Medicinal Ingredients: Potato maltodextrin

Recommended Dose

For IBS relief: Adults and Adolescents (over 11 years);

For all other uses: Adults, Adolescents and

Children (3 years and older): In a glass, add water or milk to one sachet of HMF Intensive 500 and mix. Take once daily with meals, at least two to three hours before or after taking antibiotics, or as recommended by your healthcare practitioner.

Product Size: 30 - 5g Sachets of Powder (150 g)

Product Code: 10199

NPN 80070542



[†]Adults and children 11 years and older

REFERENCES

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