



# HMF UTI

## PROBIOTIC FORMULA

### Probiotic formula with added cranberry extract for UTI support

- Helps prevent recurrent urinary tract infections (UTIs) in women
- Provides 30 billion CFU per day from a combination of five proprietary probiotic strains, including *L. gasseri*
- Includes 500 mg of PACRAN® Cranberry fruit extract daily, equivalent to 25 g of fresh fruit
- Probiotics backed by over 20 years of clinical evidence

HMF UTI is a combination of research-driven probiotics and PACRAN®, a clinically studied cranberry fruit extract that helps prevent recurrent urinary tract infections (UTIs) in women. Approximately 10-20% of women experience one or more incidents of urinary discomfort or UTIs each year, with recurrence rates around 20%.<sup>1</sup> Cranberries are rich in polyphenol antioxidant compounds such as proanthocyanidins, which reduce the adhesiveness of *E. coli* bacteria to the uroepithelial cells that line the bladder.<sup>2</sup> Regular PACRAN® supplementation has been shown to reduce *E. coli* presence and UTI incidence in women with a history of recurrent infections.<sup>3,4</sup> HMF UTI also contains five strains of proprietary probiotics that have demonstrated superior adherence to the gut lining and natural resistance to pH and bile acid.<sup>5</sup> Included in this probiotic blend is *L. gasseri*, one of the predominant vaginal *Lactobacillus* species.<sup>6</sup>



#### EACH CAPSULE CONTAINS:

<b>Probiotic Consortium</b> .....	15 billion CFU
<i>Lactobacillus acidophilus</i> (CUL-60, CUL-21) .....	10 billion CFU
<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) .....	2.5 billion CFU
<i>Lactobacillus gasseri</i> (CUL-09) .....	2.5 billion CFU
PACRAN® Cranberry ( <i>Vaccinium macrocarpon</i> ) Fruit Extract (50:1) .....	250 mg
	12.5 g Fresh Fruit Equivalent

Non-Medicinal Ingredients: Hypromellose, cellulose, silica, magnesium stearate  
PACRAN® is a trademark of Naturex

**Recommended Adult Dose:** Take two capsules daily, at least two to three hours before or after taking antibiotics, or as recommended by your healthcare practitioner. Use for a minimum of four weeks to see beneficial effects.

**Product Size:** 60 vegetable capsules

**Product Code:** 10357

NPN 80066926



#### REFERENCES

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