



# NATURAL MEDICINES:

## YOUR GO-TO RESOURCE TO ANSWER TODAY'S PATIENT QUESTIONS

### 10 TOOLS YOU CAN USE AT NATURALMEDICINES.COM

*Natural Medicines* is updated daily to ensure comprehensive, accurate, and clinically relevant information on natural medicines and alternative therapies. Make informed, evidence-based decisions using these handy tools:

- 1,400+ Monographs**  
Get answers to your natural medicines questions including safety, effectiveness, adverse effects, and a patient education handout for each one (English/Spanish/French).
- 170,000+ Commercial Products**  
Search the largest natural medicine commercial products database in the U.S.
- Natural Medicines Evidence-Based Brand Ratings**  
Get a 1-10 overall rating based on safety and effectiveness, plus manufacturing quality data directly from the United States Pharmacopeia and other adverse event report systems.
- Interaction Checker**  
Ensure that drug-supplement interactions are caught ahead of time. Enter a complete list of patient drugs/supplements and look for Mild/Moderate/Severe interaction ratings.
- Comparative Effectiveness**  
Access charts ranking natural medicines from most to least effective for a given disease state or condition.
- Adverse Effects Checker**  
Reference every natural medicine with the known potential to cause a specific adverse effect.
- Pregnancy & Lactation Checker**  
View safety ratings related to pregnancy and lactation, plus links to printable patient education handouts.
- Charts**  
Quickly see all monographs tagged for a specific category, such as omega-3 fatty acids.
- Continuing Education**  
Take courses focused on traditional and alternative methods of prevention and treatment of disease states and medical conditions.
- Nutrient Depletion Checker**  
Determine which nutrients may be depleted by prescription or over-the-counter medications, and see risks rated by clinical significance.

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