

## Book inventory

<b>Author</b>	<b>Title</b>
Jessica Mitton	Some Good: Nutritious Newfoundland Dishes
Stephanie Seneff	Cindy & Erica's Obsession to Solve Today's Health Care Crisis: Autism, Alzheimer's Disease, Cardiovascular Disease, ALS and More
Christina Bjorndal	The Essential Diet: Eating for mental Health
Rosalie Moscoe	Frazzled Hurried Woman!
Sarah Kraftchuck	Love to Be Me!
Paulette Millis	Eat Away Illness
Rosalie Moscoe	Food and Mood CDs
Masaru Emoto	Love Thyself: The Message from Water III
Ricki Heller	Living Candida-Free
with Andrea Nakayama	Conquer the hidden epidemic that's making you sick and restore your health and vitality
Bruce Krahn	The Fat Fighter Diet
Dale Carnegie	The Quick & Easy Way to Effective Speaking: Modern Techniques for Dynamic Communications
Mary J. Shomon	The Thyroid Diet: Manage Your Metabolism for Lasting Weight Loss
Dale Carnegie	How to Win Friends & Influence people
Pamela Peeke	Fit to Live: The 5-Point Plan to Become Lean, Strong & Fearless for Life
Gabriel Cousens	There is a Cure for Diabetes: The Tree of Life 21-Day+ Program
Rohinton Mistry	A Fine balance
Eva M. Selhub & Alan C. Logan	Your Brain on Nature: The Science of nature's Influence on Your Health, happiness and Vitality
Patrick Holford	The Optimum Nutrition Bible The Book you have to Read if Your Care About Your Health
Elson M. Haas	Staying Healthy with Nutrition (a little well read)
Lianne Phillipson-Webb	Sprout Right: Nutrition from Tummy to Toddler
Jonathan V. Wright	Your Stomach: What is Really making You Miserable and What to Do About It
Paul Chek	How to Eat, Move and Be Healthy
Eric Topol	Deep Medicine: How Artificial Intelligence Can make Healthcare Human Again
Katherine Woodward Thomas	Calling in "The One": 7 weeks to attract the love of your life
Ann Boroach, CNC	The Candida Cure Cookbook
Jonathan V. Wright	Library of Food and Vitamin Cures
Norman Vincent Peale	The Power of Positive Living
Kate Rheaume-Bleue	Vitamin K2 and the Calcium Paradox Diabetes without Drugs: The 5-step Program to Control Blood Sugar naturally and Prevent Diabetes
Suzy Cohen	Complications
Patricia M. Conlin	ABC of Foods
Patrick Holford	The Feel Good Factor: 10 proven ways to boost your mood and motivate yourself
E. Denis Wilson	Wilson's Temperature Syndrome Calm: A proven Four-Step Process Designed Specifically for Women Who Worry
Denise Marek	The Adrenal Stress Connection
Dr. Karen Jensen	
Dt. Marita Schauch	
T. Clon Campbell	
Thomas M. Cambell	The China Study: Startling Implications for Diet, Weight Loss & Long-Term Health
Brendan Frezier	Thrive: A Guide to Optimal Health & Performance Through Plant-Based Whole Foods
Patrick Holford	Optimum Nutrition for the Mind Step Into the Spotlight: A guide to Getting Noticed
Beach View Books	(Cause All Business Is Show Business)
Julie Daniluk	Hot Detox

<b>Author</b>	<b>Title</b>
Jennie Brand-Miller; Thomas M.S. Wolever; Stephen Collagiuri; Kaye Foster-Powell	The New Glucose Revolution
Dr. George Carlo	Cell Phones: Invisible Hazards in the Wireless Age
Martin Schram	Deadly Emotions: Understand the Mind-Body-Spirit Connection that Can Heal or destroy You
Don Colbert	Foods That Fight Disease: A Nutrition Guide to Staying Healthy for Life
Leslie Beck	Arthritis Reversed: Ground-breaking 30 day arthritis relief action plan
Mark Wiley	
David Garshowitz, George Grant, Gordon Ko, Joseph Levy, Ehab Mekhail, M.D. Nakla, Selim, M.D. Pettie, Alvin, Elvis	
A. Ali	The All-In-One Guide to Natural Remedies and Supplements
John Robbins	Diet for a New America
Joel Fuhrman	The End of Diabetes
Donna gates	The baby Boomer Diet: body ecology's guide to growing younger
	Svelt patch: Weight-Loss Plan
J. Leichtberg	BioSlim: the Natural Total Health System
David R. Hawkins	Power vs. Force: The Hidden Determinants of Human Behaviour
Ridha Arem	The Thyroid Solution
James L. Wilson	Adrenal Fatigue: The 21st Century Stress Syndrome
Autumn Stringam	A Promise of Hope
Thomas F. Pawlick	The End of Food
Healing Gourmet	Eat to Fight cancer
Michael Pollan	In Defence of Food
Michael Murray, Micheal Lyon	How to Prevent and Treat cancer with Natural Medicine
Dan Buettner	The Blue Zones Kitchen
Lissa Rankin	Mind over Medicine
Andrew Heintzman, Evan	
Solomon	Feeding the Future: from Fat to Famine
Wayne W. Dyer	Pulling Your Own Strings
Wayne W. Dyer	Your Erroneous Zones
Anne Wilson Schaeff	Meditations for Women Who Do Too Much
Cherie Calbom, John Calbom,	
Michael Mahaffey	The Complete Cancer Cleanse
Charlotte Gerson & Morton	
Walker	The Gerson Therapy
Deepak Chopra	What Are You Hungry For
Peter Desberg	No More Butterflies: overcoming stagefright, shyness, interview anxiety & fear of public speaking
Barry Sears with Bill Lawren	Enter the Zone
Barry Sears	Mastering the Zone: the next step in Achieving SuperHealth and Permanent Fat Loss
Neal D. Barnard	Dr. Neal Barnard Program for Reversing Diabetes
Charlotte Gerson with Beata Bishop	Healing the Gerson Way