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**The 16th Annual Canadian Holistic Nutrition Conference**

## **CALGARY CONFERENCE SCHEDULE**

**SATURDAY - APRIL 13, 2024**

(Mountain Daylight Time)

<b>8:00 am – 9:00 am</b>	Registration, Networking & Trade Show Opens
<b>9:00 am – 9:15 am</b>	Opening Remarks from Luka Symons, C.H.N.C., Calgary MC
<b>9:15 am – 10:15 am</b>	SPEAKERS: Eve Izewski & Mike Dorion Roots of Well-being: Nurturing the Vital Link Between Soil Health and Human Health
<b>10:15 am – 10:45 am</b>	Break, Networking & Trade Show
<b>10:45 am – 12:15 pm</b>	SPEAKER: Dr. Nigel Plummer, PhD The Integrative Effect of Probiotics on Whole Body Health
<b>12:15 pm – 1:30 pm</b>	Lunch, Networking & Trade Show
<b>1:30 pm – 1:45 pm</b>	8 <sup>th</sup> Annual Holistic Nutrition Awards Ceremony Prize draws
<b>1:45 pm – 2:45 pm</b>	SPEAKER: Jessica Pecush C.H.N.C. The Relationship Between Nutrition and the Autoimmune Cascade
<b>2:45 pm – 3:15 pm</b>	Break, Networking & Trade Show
<b>3:15 pm – 4:15 pm</b>	SPEAKER: Malcolm Saunders Ancestral Food Guide: The 4 Essential Kingdoms of Human Nutrition for Health & Sustainability
<b>4:15 pm - 4:35 pm</b>	SPEAKER: Greg German A Magic Wand for Behaviour Change
<b>4:35 pm – 5:00 pm</b>	Prize Giveaways, Closing Remarks

*\*Note: This schedule is subject to change*